


# St Stephen Catholic School - January 2019

**Meal Prices: Lunch \$2.90, Reduced Meals: No Charge , Adult Lunch \$4.00, Milk \$ .50**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7</b> Grilled Cheese Ranch Potato Wedges Three Bean Salad Diced Peaches Ice Cold Milk	<b>8</b> Chicken Strips Garlic Toast Romaine Salad w/ Garbanzo Beans Sliced Oranges Ice Cold Milk	<b>9</b> Beef Burrito Baja Black Beans Carrots w/ Ranch Tostitos Scoops Fresh Banana Ice Cold Milk	<b>10</b> Confetti Pancakes Turkey Sausage Veggie Juice Strawberry Cup Ice Cold Milk	<b>11</b> Italian Dunkers Marinara Sauce Whole Kernel Corn Goldfish Crackers Fresh Grapes Ice Cold Milk
<b>14</b> Hamburger on a Bun Crinkle Cut Fries Carrots w/ Ranch Mixed Fruit Ice Cold Milk	<b>15</b> Mini Corn Dogs Onion Rings Celery w/ Hummus Apple Slices Ice Cold Milk	<b>16</b> Taco Meat Tortilla Scoops Cheese Cup & Salsa Celery Sticks Goldfish Grahams Fresh Apple Ice Cold Milk	<b>17</b> Fiestada Pizza Hummus Broccoli Cheez It Crackers Applesauce Cup Ice Cold Milk	<b>18</b> Calzone Cheese Stick Carrot Sticks Veggie Juice Cheddar Goldfish Peach Cup Ice Cold Milk
<b>21</b> <div style="text-align: center;">  <p><b>No School</b> MLK Day</p> </div>	<b>22</b> Turkey Pepperoni Pizza Whole Kernel Corn Romaine Salad w/ Cherry Tomatoes Fresh Apple Ice Cold Milk	<b>23</b> Apple Cinnamon Toast Turkey Sausage Link Veggie Juice Fresh Banana Ice Cold Milk	<b>24</b> Turkey Burger Emoji Potatoes Celery Sticks Orange Slices Ice Cold Milk	<b>25</b> Soft Beef Taco Lettuce, Cheese, Tomato Refried Beans Tostitos Scoops Fruit Cup Ice Cold Milk
<b>28</b> Sloppy Joe Onion Rings Celery Sticks w/ Hummus Crisp Apple Ice Cold Milk	<b>29</b> Teriyaki Chicken Asian Rice Cherry Sidekick Pineapple Tidbits Ice Cold Milk	<b>30</b> Honey BBQ Dippers Macaroni & Cheese Romaine Salad w/ Matchstick Carrots Corn Muffin Diced Peaches Ice Cold Milk	<b>31</b> Chicken Fajita Lettuce, Cheese & Diced Tomatoes Refried Beans Tortilla Chips Fresh Banana Ice Cold Milk	<b>1</b> Three Cheese Calzone Ranch Potato Wedges Carrots w/ Ranch Strawberry Cup Ice Cold Milk

## MUNCHERS - Check with your school cook for ordering details

**Lunch: Munchers & Sunbutter Sandwiches** available as entrée choices. **Chef Salads** available at K-8 & K-12 sites.

**Monday** - Yogurt Muncher (Trix Yogurt, Hearty Granola, Blueberry Muffin, Carrots w/ Ranch & Dried Fruit)

**Tuesday** - Salad Muncher (Lettuce Blend, Shredded Cheese, Turkey Bacon, Tomato, Croutons w/Ranch, Sunflower Seeds, Cheese Crackers & Grapes)

**Wednesday** - Flatbread Muncher (Goldfish Flatbread, Turkey Breast, Swiss Cheese & Mayo/Mustard, Corn Salad, Roasted Chickpeas & Mixed Fruit)

**Thursday** - Scoops Muncher (Tostitos Scoops, Land O Lakes Cheese Cup, Salsa, Refried Beans, Goldfish Grahams & Clementine)

**Friday** - Sunbutter & Jelly Muncher (Jelly Crescent, Sunbutter Spread, Cheese Stick, Celery w/Ranch, Apple Slices & Pretzels)

- All grain items are at least 50% whole grains.
- Ice Cold Milk (skim milk, 1% white or chocolate) from **Country Dairy** included with each meal or for .50¢.
- Salad bars available in K-8 & K-12 schools
- For more in-depth information on menus, nutritional analysis, contact information and related website links, check out our website at: [www.grpublicschools.org/nutrition](http://www.grpublicschools.org/nutrition) or use the QR code on this menu.



\* Menu Item Contains Pork